



FAMILY HUBS NETWORK



GROUP WORK DELIVERIES IN FYLDE AND
WYRE...

Children and Family
Wellbeing
Service

Centre details and contacts

Fleetwood Library

North Albert Street
FLEETWOOD
Lancashire
FY7 6QW

Family Hub Service

Chapel Walks
KIRKHAM
Lancashire
PR4 2TA

Rothwell Drive Centre

Rothwell Drive
FLEETWOOD
Lancashire
FY7 8FF

St. Annes Sydney Street Neighbourhood Centre

Sydney Street
LYTHAM St. ANNES
Lancashire
FY8 1TR

Thornton Library

Victoria Road East
Thornton
Lancashire
FY5 3SZ

Garstang Library

Windsor Road
GARSTANG
Lancashire
PR3 1ED

Weeton Children & Family Wellbeing Service

Weeton Barracks
Henderson Road
PR4 3JQ

CFW provision please call
Tel: (01253) 741117

To contact NEIGHBOURHOOD CENTRES in Fylde and Wyre



(01253) 741117



cwfyldeandwyrecommunity@lancashire.gov.uk



LIKE *Fylde Youth Zone, Wyre Youth Zone, Wyre Family Hub* and
Fylde Family Hub on Facebook for the latest news and
information in your area

Welcome

A warm welcome to you from everyone at the Children & Family Wellbeing Service (CFW), part of Lancashire County Council. Our service is here to provide early help on a whole range of issues which may be affecting you and your family. We want to offer you the right help, in the right place, at the right time.

We provide targeted services for children and young people across the age range of 0 - 19yrs + . Working together with key partners, we aim to ensure that we have maximum impact on achieving positive outcomes for you and your family.

Our staff are skilled and committed to understanding your needs, and identifying with you, the right support to help you achieve your goals. Family Support Workers can work with you on an individual basis, offering you a more tailored and targeted response. Through our Neighbourhood Centres and Outreach Programmes, workers offer a range of groups and drop in services to meet a range of needs. We work in partnership with other agencies in our Neighbourhood Centres to ensure we can bring together the right support, for you, in your local area.

Our 'What's on guide' aims to keep you as up to date as possible about what we can offer you and includes information on what specific groups and service are available at your nearest centre, in your local community.

If you need further information or support, you can contact using the information listed in in the Centre Details section of this guide.

You can also contact our 'Talk Zone' service which is available every day of the year from 2.00pm - 10.00pm.

Tel: (0800) 511111

Text: (07786) 511111

Talk online: www.lancashire.gov.uk/youthzone

For those families with younger children, you can also access a lot of advice and guidance on a full range of childcare services, resources and issues from Family Information Service., Tel: (0300) 1236712 or Email: lancsfis@lancashire.gov.uk

We are always pleased to hear your feedback and ideas about our service, so if you feel able to share with us, please do not hesitate to contact us.

We look forward to hearing from you, and thank you for using our service.



BUMP, BIRTH AND BEYOND

Call 01253 741117 for more information
and to book a space

INFORMATION FOR NEW PARENTS INCLUDING:

- SAFER SLEEP FOR YOUR BABY
- EMOTIONAL WELLBEING OF YOUR BABY
- CARE OF YOUR NEWBORN
- NAPPY CHANGING AND BATHING
- FAMILY HUBS





BOOK
NOW



Infant Massage

To book a course or for any
enquiries ring: 01253 741117

- Strengthen the bonding process
- Build your confidence in handling baby
- Meet other parents/carers, develop networks and peer support



Lancashire

infant feeding support

Help with feeding your baby

Your Health Visiting Service is on hand to offer FREE, evidence-based support and information around breastfeeding and safe bottle feeding. You are not alone.

Access anytime, anywhere

lancsyoungepeoplefamilyservice.co.uk

Or call **0300 247 0040** (Mon-Fri 9am-5pm)





Babbling Babies Group

supporting speech,
language & communication.

for further information
contact the centre on
01253 741117



Scan for more information



Lancashire
**FAMILY
HUBS**
NETWORK

Come
along



Children and Family
Wellbeing
Service

Lancashire

County
Council





**GROUP FOR
0-5 YEARS**

Development Matters

**NO NEED
TO BOOK**

**SAFE AND
SECURE
ENVIRONMENT**

**STIMULATING AND
CHALLENGING
ACTIVITIES TO AID
CHILD DEVELOPMENT IN
ALL AREAS**

**CHANCE TO SOCIALISE FOR
BOTH CHILDREN AND PARENTS
OR CARERS**

FOR DETAILS CALL : 01253 741117

**FAMILY
HUBS
NETWORK**

SCAN FOR MORE



CHAT, PLAY & READ

Speech and Language Therapists attend the group once a term.

Support group for speech and language growth.

Makaton Sign used in the sessions, as well as Top Tips for Speech.

Story Sacks
available to loan



Fun and engaging learning

Improve speech clarity

Children and Family
Wellbeing
Service





GET MOVING!



**PROMOTING A HEALTHY
LIFESTYLE FOR
CHILDREN AND
FAMILIES**

**SCAN TO
FIND MORE**



MINI MOVE AND GROOVE

EAT HEALTHY



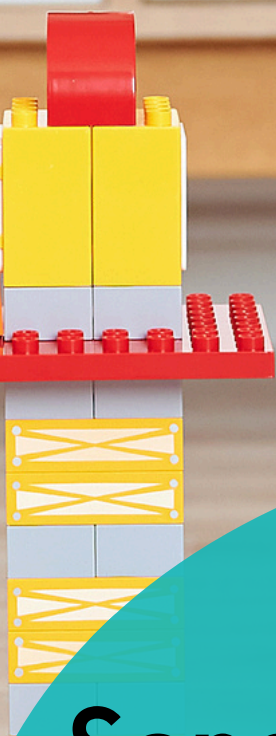
**CRAFTS AND
GAMES FOR
CHILDREN 0-5**

**SUPPORTING THE
DEVELOPMENT OF
PHYSICAL AND
SOCIAL SKILLS**



**CALL FOR MORE
INFORMATION: 01253 741117**

Play, Learn, and Develop Together 0-5yrs



Send Provision

Colourful Footsteps
Inclusive group for children
with SEND



Scan to book





SGO STAY AND PLAY



A monthly group for Special Guardianship Order carers and their children

A warm, safe place for a chat and play

Signposting and networking

For details please call:
01253 741117



FREE

**CHILDREN AGED
0-11 YEARS**

**ENJOY CRAFTS
AND GAMES**

**LEGO,
GAMES
AND LOTS
OF FUN**

DAD'S AFTER SCHOOL CLUB



**MEET OTHER DADS
AND MALE CARERS**

**DAD'S/MALE CARERS 1-1
TIME WITH THEIR CHILD/REN**

Children and Family
**Wellbeing
Service**



**SCAN FOR MORE
INFORMATION**

LANCASHIRE
**FAMILY
HUB
NETWORK**



THERE'S ONLY ONE OF ME

Targeted support for Primary
School age children who need
support with their behaviour and
emotions

Looking at
strategies
to help
manage
emotions

Exploring
feelings and
understanding
worries

Building
Confidence
and Social
Skills

Meet new
people and
make
friends

Understand we
are all unique

For details call:
01253 741117

**FOR NEURODIVERGENT CHILDREN WITH
OR WITHOUT A DIAGNOSIS**

**Scan for
More!**



LANCASHIRE
**FAMILY
HUBS**
NETWORK

Children and Family
Wellbeing
Service

Inside Out

Targeted support
for children aged
8-11 years

Improve self
esteem

Gain Confidence

Meet new people

Help with managing
emotions

Talk about worries about
moving onto high school



Scan or ring
01253 741117 for
more information

Moving On Up

Targeted support for
Year 6 children moving
onto high school





**Colourful Footsteps-
SEND Provision for
Primary School aged
children and Parents to
attend.**



**Contact 01253 741117
for more information.**

Scan to Book





Family Crafts

**Parents and children come and enjoy
lots of fun crafts and activities,
different activities and crafts each week.**

**For children aged 0-11
years and their parents**

Scan to book or ring 01253 741117





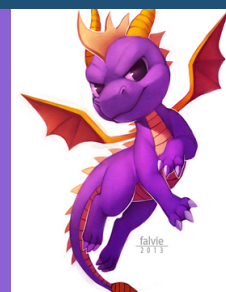
FREEDOM FOR PRIMARY SCHOOL CHILDREN

**A 6 WEEK PROGRAMME FOR CHILDREN
THAT HAVE WITNESSED OR BEEN
IMPACTED BY DOMESTIC ABUSE**



SAFE AND CONFIDENTIAL SPACE

**LEARN ABOUT HEALTHY
AND UNHEALTHY
RELATIONSHIPS**



**LEARN ABOUT EMOTIONS
AND HOW TO MANAGE THEM**



**SCAN OR RING
01253 741117
FOR MORE
INFORMATION**



MOVE AND GROOVE

7-11 years

PROMOTING A HEALTHY
LIFESTYLE



STAY ACTIVE!



Adopting healthy lifestyle habits such as balancing activity time and screen time and spreading important messages about our health and wellbeing

Providing exciting learning opportunities through play and exercise to encourage physical movement and children's development

EAT YOUR VEGGIES



**FOR DETAILS PLEASE CALL:
01253 741117**



**SCAN FOR
MORE!**

TIME TO TALK

FRIENDLY PEER SUPPORT AND ADVICE

WARM SAFE SPACE

REFRESHMENTS PROVIDED

MEET NEW PEOPLE



SCAN TO BOOK-



FREEDOM FOR ADULTS



The Freedom Programme is a 12-week rolling course, which supports Women who have been through or are going through Domestic Violence.

To increase support networks for women attending the course

Children are at risk when there is Domestic Violence in the family home

To increase awareness of what Domestic Abuse is and what impact it has on the children

To increase safety for women and children

To raise self- esteem and empower women on the course

To provide a safe, confidential space. Develop friendships and gain support.



**Scan or ring 01253 741117
for more information**





Positive Relationships

Stronger Families



Learn about parental conflict and how to cope with stressful situations in a more constructive rather than destructive way.



Ring or scan for
more information
01253 741117





TRIPLE P

POSITIVE PARENTING PROGRAMME

**OFFERING 3 COURSES: GROUP (2-12), TEEN (12-16)
AND STEPPING STONES SEND (2-12)**

**PROVIDING PARENTS WITH A TOOLBOX OF
STRATEGIES TO RAISE CONFIDENT AND HEALTHY
CHILDREN**

**BUILD STRONG FAMILY RELATIONSHIPS AND
MANAGE MISBEHAVIOUR**

**TO BOOK A COURSE OR FOR ANY ENQUIRIES
RING: 01253 741117**





SGO Peer Support

Opportunity to
make friends
and develop
support networks
within a safe
environment



Monthly Support
group for families
who have a
special
guardianship
order



Chance to connect
with people who
share similar
experiences to
provide valuable
support and
understanding



For details please call:
01253 741117

Scan for
more



CONFIDENCE BUILDING



THURSDAYS

09:30-11:30

FLEETWOOD LIBRARY

FY7 6AJ

**NO NEED TO BOOK
JUST TURN UP**

- Meet new people
- Support and a chat
- Crafts including diamond art, canvas painting, jar painting and more
- Adults Only
- Volunteers and sign posting
- Warm, Safe space

**RING 01253741117 OR SCAN FOR
MORE INFORMATION**



CONFIDENCE BUILDING



MONDAYS

12:15-13:15

OAK TREE

**NEIGHBOURHOOD
CENTRE**

**SYDNEY STREET
FY8 1TR**

**NO NEED TO BOOK
JUST TURN UP**

- **Meet new people**
- **Support and a chat**
- **Crafts including diamond art, canvas painting,
jar painting and more**
- **Adults Only**
- **Volunteers and sign posting**
- **Warm, Safe space**

**RING 01253741117 OR SCAN FOR
MORE INFORMATION**





SEND

Peer Support

**Support group for
parents, or carers
of SEND children**

**Large focus on
wellbeing and
selfcare!**

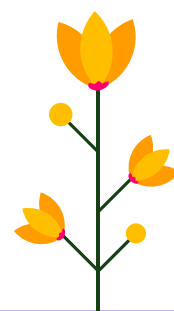
**Input from outside
agencies will provide
information on
how they can
support your
child or family**

**Sensory room
available to book**

**Scan to see
more!**



**For more information please
call 01253 741117**



Coffee & Connect

One Stop Shop

TUES 4TH FEB 2025
1ST TUES MONTHLY

1:30 - 4:00PM

**FLEETWOOD LIBRARY, NORTH
ALBERT ST, FLEETWOOD FY76AJ**



**A CHANCE FOR PEOPLE TO DROP IN AND
CONNECT WITH OTHERS IN A WARM
AND FRIENDLY ENVIRONMENT.**

GET PRACTICAL ADVICE ON:

- HOUSING
- FINANCE
- EMPLOYMENT
- PARENTING/ TRIPLE P ADVICE
- EMOTIONAL HEALTH & WELLBEING
- RELATIONSHIPS

**FREE HOT DRINKS AND
SNACKS PROVIDED AND
TOYS AVAILABLE TO KEEP
YOUR LITTLE ONES
ENTERTAINED TOO.**

EVERYONE WELCOME

LANCASHIRE
**FAMILY
HUB**
NETWORK

Lancashire
County
Council



EVENTS.APPS.LANCASHIRE.GOV.UK/W/WEBPAGE/ALL-EVENTS

Coffee & Connect One Stop Shop

**TUES 21ST JAN 2025
3RD TUES BI-MONTHLY**

1:30 - 4:00PM

**WEETON BARRACKS
COMMUNITY CENTRE,
HENDERSON ROAD, WEETON,
PRESTON PR4 3JQ**



**A CHANCE FOR PEOPLE TO DROP IN AND
CONNECT WITH OTHERS IN A WARM
AND FRIENDLY ENVIRONMENT.**

GET PRACTICAL ADVICE ON:

- HOUSING
- FINANCE
- EMPLOYMENT
- PARENTING/ TRIPLE P ADVICE
- EMOTIONAL HEALTH & WELLBEING
- RELATIONSHIPS

**FREE HOT DRINKS AND
SNACKS PROVIDED AND
TOYS AVAILABLE TO KEEP
YOUR LITTLE ONES
ENTERTAINED TOO.**

EVERYONE WELCOME



Coffee & Connect

One Stop Shop

TUES 14TH JAN 2025
2ND TUES MONTHLY

1:30 - 4:00PM

**FYLDE FAMILY HUB,
CHAPEL WALKS,
KIRKHAM PR4 2TA**



**A CHANCE FOR PEOPLE TO DROP IN AND
CONNECT WITH OTHERS IN A WARM
AND FRIENDLY ENVIRONMENT.**

GET PRACTICAL ADVICE ON:

- HOUSING
- FINANCE
- EMPLOYMENT
- PARENTING/ TRIPLE P ADVICE
- EMOTIONAL HEALTH & WELLBEING
- RELATIONSHIPS

**FREE HOT DRINKS AND
SNACKS PROVIDED AND
TOYS AVAILABLE TO KEEP
YOUR LITTLE ONES
ENTERTAINED TOO.**

EVERYONE WELCOME



FYLDE FAMILY HUB



EVENTS.APPS.LANCASHIRE.GOV.UK/W/WEBPAGE/ALL-EVENTS



**FYLDE & WYRE
TARGETED YOUTH SUPPORT TEAM**

A-TEAM
**(SEND & ADDITIONAL
NEEDS)**

**FOR YOUNG PEOPLE 11-25
UPTO 25 WITH SEND**

**EVERY MONDAY
6:30 - 8:30**

**CONTACT MICHELLE
MICHELLE.BEAVERS@LANCASHIRE.GOV.UK OR
07929 665 227**



STREET BASED YOUTH WORK

We are a team of **Youth Workers** providing support, information, advice & guidance, for young people out & about in the wider community across Wyre.

GET INFO & ADVICE?

TALK TO A TRUSTED
YOUTH WORKER?

PLAN ACTIVITIES WITH US?

WEDNESDAYS & FRIDAYS

5.30pm - 7.30pm

For more info:

Call Melvin on 07704766354

jonathan.melvin@lancashire.gov.uk

Check our FB page...



Like Wyre YOUTH ZONE
for news, updates &
latest info.

WE WILL COME TO YOU!

Are you aged 12-19yrs?

Look out for us, we could be on foot or in our Bus, stop & chat to us & tell us what **YOU WANT & NEED.**

**Covering Fleetwood,
Cleveleys, Thornton
& Beyond..**



LGBTQI+ YOUTH GROUP

- ARE YOU LGBTQI+ & aged 11-18YRS (UPTO 25 WITH S.E.N.D)

- Need a safe place to meet friends & make new ones?

Then this is the group for you. You will be supported by youth workers to BE INVOLVED IN activities like quizzes, team games, arts & crafts, CELEBRATION EVENTS, advice & info sessions, & EXCITING PROJECTS OF YOUR CHOOSING

EVERY THURSDAY IN FLEETWOOD

FOR MORE DETAILS PLEASE CONTACT:

Nina 07709717047 / nina.beavers@lancashire.gov.uk

Lancashire

County
Council





**FYLDE & WYRE
TARGETED YOUTH SUPPORT TEAM**

ONWARD

**SUPPORTING YOUR EMOTONAL
HEALTH & WELLBEING**

**FOR YOUNG PEOPLE AGED 11-19
AND UPTO 25 WITH SEND**

EVERY WEDNESDAY

6:30 - 8:30

**CONTACT MICHELLE
MICHELLE.BEAVERS@LANCASHIRE.GOV.UK OR
07929 665 227**

WYRE YOUTH COUNCIL



FOR YOUNG PEOPLE AGED 11-19 (UPTO 25 WITH S.E.N.D)

FEEL LIKE ADULTS DON'T LISTEN TO YOU ABOUT THINGS
THAT ARE IMPORTANT?

JOIN OUR WEEKLY MEETINGS SUPPORTED BY YOUTH WORKERS
WHERE YOU CAN MEET OTHER YOUNG PEOPLE, HAVE FUN, &
REALLY MAKE A DIFFERENCE IN YOUR COMMUNITIES



- Boost Your Confidence • Gain Knowledge & Skills
- Amplify Your Voice & Influence • Drive Decision-Making

FOR MORE INFO CONTACT: Nina 07709717047

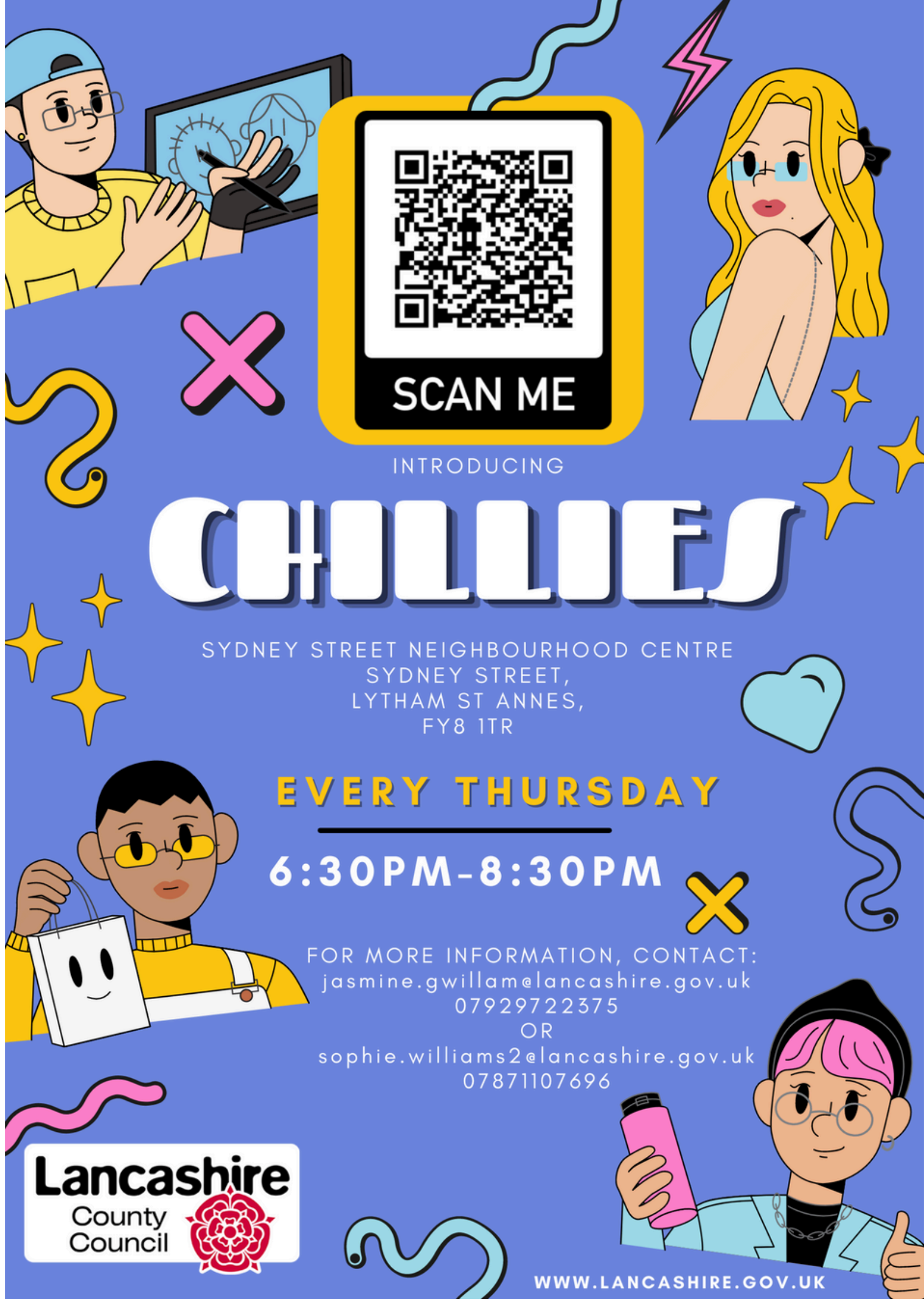
nina.beavers@lancashire.gov.uk

Lancashire

County
Council



Wednesdays
6.30pm - 8.30pm
Neighbourhood Centre
Rothwell Drive
FY7 8FF



INTRODUCING

CHILLIES

SYDNEY STREET NEIGHBOURHOOD CENTRE
SYDNEY STREET,
LYTHAM ST ANNES,
FY8 1TR

EVERY THURSDAY

6:30PM-8:30PM

FOR MORE INFORMATION, CONTACT:
jasmine.gwillam@lancashire.gov.uk
07929722375
OR
sophie.williams2@lancashire.gov.uk
07871107696



WWW.LANCASHIRE.GOV.UK



KIRKHAM DETATCHED

street based youth work

we are a team of Youth Workers who will be providing support, information and guidance for young people within the Fylde community.

Every Wednesday
6:30pm -8:30pm

Are you aged between 12-19 years? Come and say hello when we are out either on foot or in our bus. stop to chat to tell us what you WANT and NEED.

for more information contact

Jas: 07929722375

or

visit www.lancashire.gov.uk

free food, fun, and
friends!





Every
Tuesday

6:30PM-8:30PM

TEEN SEEN

S.E.N.D GROUP

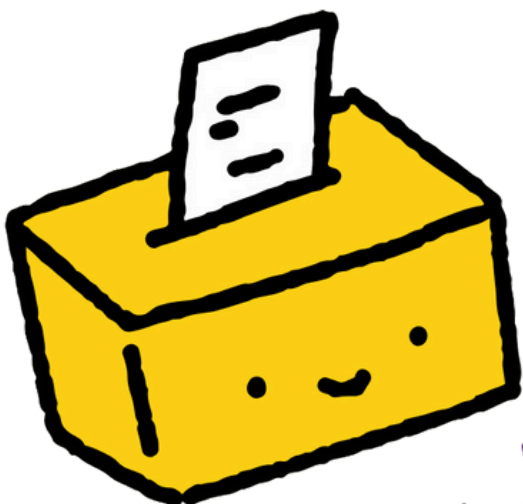
(12-25)



THE ZONE FYLDE
CHAPEL WALKS
KIRKHAM
PR4 2TA

For any more information contact
jasmine: 07929722375
or
sophie: 07977065994





FYLDE YOUTH VOICE

**Every
Wednesday**
6:30-8:30PM

Do you want to create change?
Do you feel young people's voice
goes unheard?
Do you want to tackle issues in
your community?
Do you want to make things
better for young people?
Then join us...we want to hear
your voice

WHERE

AT OUR FAMILY HUBS
KIRKHAM,
ST ANNES AND
SURROUNDING AREAS
PLEASE CONTACT
JASMINE
07929722375



Notes...

Notes...

Childline
 MINDS MATTER
 Fylde Coast Women's Aid
 Universal credit helpline
 Citizens Advice
 Dental help Line
 Inspire
 Emergency Health Services
 Police (non-emergency)
 Children's Social Care
 Breastfeeding Helpline
 NCT Breastfeeding Helpline
 CASHER Young Peoples Mental Health

-- (0800) 1111
 -- (01253) 955943
 -- (01253) 596699
 -- (0800) 3285644
 -- (0800) 144 8848
 -- (0300) 1234010
 -- (08081) 698673
 -- 111
 -- 101
 -- (0300) 1236720
 -- (0300) 100212
 -- (0300) 3300700
 -- (07810) 696565



young people's service

Get advice and support

Someone to talk to

Problems at home/school

Jobs and training

Apprenticeships

Staying safe online

Sex and health

Relationships

Mental Health

Self Harm

Bullying

Drugs and alcohol

Things to do

Housing, rights and money

What age can I?



Text 07786 51 11 11



Talk online

lancashire.gov.uk/youthzone



Call 0800 51 11 11

facebook.com/LancashireYPS

twitter.com/LancashireYPS

You can contact us 365 days a year

2pm to 10pm

Confidential information and advice on anything that concerns you.

Enquiries may be recorded for quality assurance purposes. There is no charge to use any of these services unless your internet or mobile service provider makes a charge.

Age 12-19 (up to 25 for young people with learning difficulties or disabilities)

Lancashire

County Council



www.lancashire.gov.uk/youthzone

SCAN ME

SCAN ME



SCAN ME

SCAN ME



(01253) 741117

Please scan for
WELCOME FORM or

SCAN ME

SCAN ME



SCAN ME

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